

AlignED Care

Eating Disorder & Mental Health Center

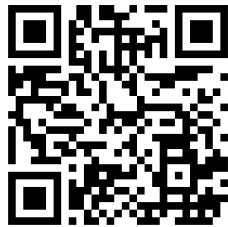
Parents of Autistic Teens Process Group



 **TUESDAYS**
12:00-1:00 pm

 **VIRTUALLY VIA ZOOM**
*Parents of Autistic Teens
located in California*

 **\$45/GROUP**



Welcome to our therapy support group designed specifically for parents of autistic teens. This safe space offers a supportive community where parents can share experiences, seek guidance, and find solace in knowing that they are not alone on this journey. Facilitated by a CHLA-trained autism specialist, dig deep about autism, learn parenting tips and strategies, and feel safe to ask the hard questions. Together, we will navigate the complexities of adolescence while embracing the unique strengths and needs of our kids. Join us to connect, learn, and laugh alongside others who understand the joys and challenges of parenting an autistic teen.



With Molly Williams,
ACSW #109762

Molly Williams has a Master of Social Work from the University of Southern California and advanced fellowship training from Children's Hospital Los Angeles (CHLA) in neurodevelopmental disabilities. She has special expertise in the presentation of autism in women and girls with co-occurring eating and sensory-processing disorders. Molly has provided autism consultancy services to faculty and clinicians at the University of Southern California and Children's Hospital Los Angeles, as well as adolescent counseling services in residential treatment, community mental health, and special education settings. Molly strives toward a strengths-based clinical approach that is holistic, warm, and rooted-in-empathy.

Supervised by Robyn Caruso,
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